

Dear Year 5 Parents/Carers

XX November 2020

On behalf of Cyclist Training Ltd and St George & St Martins Primary Academy, we wish to offer your child the chance to take part in Bikeability Level 2 cycle training on **Wednesday 27th January 2021**. This is a valuable opportunity to learn about local road safety on foot and bike. **Participants must be able to ride**, all who take part receive a certificate / badge.

The course is delivered by Nationally Qualified Cycling Instructors on local school roads and has been revised in line with current Education and Government advice. Adhering to social distancing, Bikeability has always been an active, outside activity where pupils are on their own bikes, riding 2+ meters apart and for 80% of the time. Coaching will always be well spaced and in new 50% smaller groups of 3 riders per instructor (previously groups were up to 6 riders per instructor which we will only return to on the rare occasion both an instructor is unwell and a replacement unavailable).

Bikeability Level 2 is **FREE of Charge** and supports the ever increasing interest in cycling. Knowing how to cycle and walk safely also provides your child, with your permission, to enjoy an increased independence as they visit friends and transition to secondary school. Cycling also offers physical and mental health benefits, is an essential alternative to public transport, can reduce congestion around school and is always a popular leisure activity.

This is a national scheme funded by the Department for Transport and provided through Stoke-on-Trent City Council. Pupils will gain a comprehensive knowledge of positioning, signalling, negotiating a variety of junctions and general road safety awareness on local school roads.

Participants require their own maintained bike (we strongly recommend a helmet), signed parental consent and suitable outdoor clothing (warm/waterproof clothing and gloves essential).

There are a limited number of places remaining so Parents/Carers **must complete the tear off slip below and return to school before Tuesday 8th December 2020**.

Yours sincerely

Liann Allpress, Cyclist Training Ltd

www.cyclist-training.co.uk



ST GEORGE & ST MARTINS YEAR 5 BIKEABILITY LEVEL 2 PARENTAL CONSENT

Return consent to school office before Tuesday 8th December 2020

Pupils Name: _____ Class: _____

My child will provide a bike (YES) and helmet (YES/NO) Signed: _____

May we use your child's image for CTL/Council website and social media? YES/NO

Please provide medical / allergy Information and details if your child is clinically vulnerable / at higher risk of severe illness from Covid-19 / lives with someone who is clinically vulnerable:

Signed: _____ Date: _____ Contact Number: _____

CTL complies with GDPR and protects the personal information of individuals