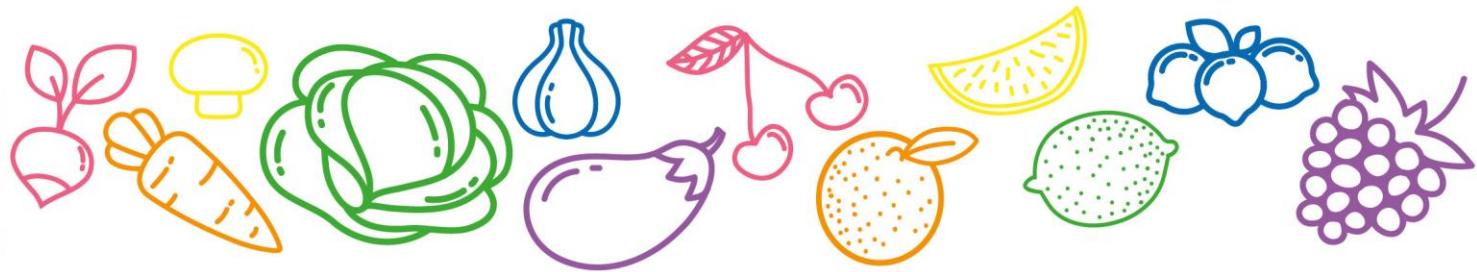


# YUM



St George & St Martin's Academy

<b>M</b>	Beef Bolognese Margherita Pizza	Crusty Bread Potato Wedges Seasonal Vegetables	Ice Cream Roll and Fruit
<b>T</b>	Meatballs in a Tomato Sauce Fish Fingers	Pasta Mashed Potato Seasonal Vegetables	Flapjack
<b>W</b>	Spaghetti Pomodoro with Garlic Bread Cheese and Potato Pie	Jacket Quarters Seasonal Vegetables	Double Chocolate Chip Muffin
<b>T</b>	Chinese Style Pork Loin Macaroni Cheese	Noodles Crusty Bread Seasonal Vegetables	Jam Feathered Sponge
<b>F</b>	Battered Fish Vegetable Lasagne	Chips Seasonal Vegetables	Rice Krispie Cake

**Daily Alternatives**

**Mains**  
 Filled jacket potato, sandwich, baguette or wrap available from the daily deli.

**Sides**  
 A selection of salad items and fresh bread are available daily with each meal.

**Desserts**  
 Fresh fruit, Müller yogurt or crackers & cheese available as alternative desserts.

**Drinks**  
 A choice of fruit drink, water or milk is served with each meal.



Week 1 : 2017/18

Week Commencing: Sept 4 11 18 25 Oct 2 9 16 23 30 Nov 6 13 20 27 Dec 4 11 18 25 Jan 1 8 15 22 29 Feb 5 12 19 26 Mar 5 12 19 26 Apr 2 9 16 23 30 May 7 14 21 28 Jun 4 11 18 25 Jul 2 9 16 23 30

